Heavy Metal Poisoning - Safe Chelation & Detoxification

Eliminate Toxic Chemical & Heavy Metal Poisons From Your Body

Mercury • Lead • Aluminum • Arsenic • Cadmium • Nickel • Copper
Radiation • DDT • Nicotine • PCBs • Industrial Chemicals

We live in a toxic world. Every day we are exposed to hundreds of toxic metals and chemicals, such as mercury, lead, aluminum, food additives, pesticides, industrial waste; the list goes on.

Heavy metal poisoning and chemical toxicity lead to the accumulation of toxins in our tissues and organs causing nutritional deficiencies, hormonal imbalances, neurological disorders, and can even lead to autoimmune disorders and other debilitating chronic conditions.
Traditional Therapies for Heavy Metal Overload

The primary treatment for most heavy metals is chelation therapy. Chelating agents are substances that go through the body to attract and bind heavy metals. Chelating agents are usually given in pill form but may also be given intravenously, transdermally, by suppository or by injection.

It takes anywhere from many months to several years for chelation therapy to remove toxic metals, and can cost several hundred to several thousand dollars.

Though chelation therapy has been considered to be generally safe for most people, new information has surfaced that suggests these substances may not be as benign as once believed. The chelating agents used by the medical profession are drugs and do have side effects, sometimes severe ones.

Two of the most important factors in determining chelation safety are dosage and frequency. Too much can be extremely dangerous, and too little is ineffective. Respected toxicologists have stated that synthetic chelators should be used only in cases of acute metal poisoning, or as a last resort when other methods have been exhausted. Natural methods should be tried first.

Alternative chelating agents include combinations of herbs, amino acids and other nutritional supplements. The drawback to most of these is the time it takes to really clear the body of toxic metals and chemicals.

For instance, certain toxic elements can be removed by taking specific combinations of minerals and vitamins: For example, a daily regimen of six magnesium oxide tablets plus one teaspoon of calcium/magnesium powder taken with fresh lemon juice is said to rid the body of arsenic - eventually. But at this rate, it could take years to clear all the chemicals and metals from the body.

Heavy metals are not removed by fasting! And unfortunately, there is no medical treatment for chemical toxicity.

Take a look at the chelators used by the medical profession >>>

Click here to view a very informative television interview on Heavy Metal Toxicity with our own C.C. Raphael.
If you're interested in chemical detoxification only, click here for our
Chemical Toxicity Report >>>

Natural Alternatives to Traditional Chelation Methods

EBN® *Detoxifying Bentonite Clay* and *Bio-Chelat™ Heavy Metal Chelator* are
excellent low cost, effective and natural alternatives to traditional chelation methods. This special
bentonite clay and very safe oral chelator work well together or individually to reduce the toxic load
of metals and chemicals in your body.

**EBN® (Evenbetternow)**

*Detoxifying Bentonite Clay*

- 100% pure bentonite clay with no added fillers or excipients
- Pharmaceutical grade guarantees purity
- Hypoallergenic
- 100% free of bacteria, viruses, molds or yeast
- Highest negative ionic surface charge for pulling toxins through the skin
- Disperses easily in water, no clumping
- No special clean up required

This unique and highly effective bentonite clay can draw out toxic metals and chemicals through the pores of the skin. Optimum results are obtained when immersing oneself in a tub of very warm water mixed with this clay!

**Bio-Chelat™**

*Heavy Metal Chelator*

- Liquid chelator removes metals tightly bound to the tissues and organs, including the brain and CNS
- Uses a small amount of EDTA, a synthetic amino acid approved by the FDA as a food additive
- Colorless, odorless, almost tasteless liquid drops are easy to administer in juice or water
- Clinical studies in Germany prove its safety and effectiveness

By creating a high electro-magnetic gradient in the gastrointestinal tract, heavy metal ions are pulled from the body and excreted.

This product has been *scientifically proven* in clinical studies to significantly remove heavy metal ions from the body.
EBN® (Evenbetternow) Detoxifying Bentonite Clay

Removes all Toxic Metals such as Mercury, Lead, and Arsenic
(can be used in tub or foot bath)

100% Pure Bentonite Clay

EBN® Bentonite Clay has no added ingredients. This is a 100% pure and natural product.

Pharmaceutical Grade

EBN® Bentonite Clay is a USP purified bentonite clay that is pharmaceutical grade; this means it is suitable for cosmetic and spa (bathing) purposes.

According to a research and development scientist for a leading clay manufacturer, all clays typically contain impurities, usually bacteria and molds. Therefore when bathing in unpurified clay, it is possible that what people think of as “detox reactions” may actually be reactions to impurities in the clay itself. At the present time, no other manufacturers of bathing clays are using pharmaceutical grade clay.

Hypoallergenic

EBN® Bentonite Clay contains no spices, herbs, excipients or fillers which sometimes cause allergic reactions in sensitive individuals. Since this clay can draw out all toxic metals and chemicals, special formulas are not needed.

100% Guaranteed Free of Bacteria, Viruses, Molds or Yeast

EBN® Bentonite Clay is guaranteed to be free of bacteria, viruses, molds and yeast. No other bathing clay on the market makes this claim. It is important to find “purified” clay for bathing, and this is especially true if you are sensitive to molds or yeast, or have a weakened immune system.

High CEC (Cation Exchange Capacity)

EBN® Bentonite Clay has the highest cation exchange capacity, or negative ionic surface charge, of any clay we have tested ("98-107 meq per 100g " on the CEC scale). This means that it
has a superior “pulling action” for drawing toxins out through the pores of the skin.

Mixing EBN® Bentonite Clay with very warm water creates a high negative ionic surface charge, which draws any “positively charged” particles, (such as mercury, lead, aluminum, pesticides, insecticides, food additives, nicotine, and any inorganic residues) out through the pores of the skin.

**Disperses Easily in Water**

Unlike most bentonite clays, EBN® Bentonite Clay disperses easily in water, with minimal clumping. This is highly desirable, since there is little mixing required and the clay does not adhere to the skin the same way other bathing clays do.

EBN® Clay Baths may be more effective than a “clumping” clay since it has a bigger exposure of its surface area to toxins. With the clay possessing both drawing and absorbing capacity, its detoxifying properties are exceptionally high.

**Easy Clean-Up**

Unlike other bathing clays, this clay can be safely rinsed down the drain. No special cleaning agents are required.

5.0 lbs (14 cups of clay) – Good for 7-14 baths

Watch Brief Video on the Benefits & Features of EBN® Clay with C.C. Raphael
Customer Feedback using EBN® (Evenbetternow) Clay Baths

"I want to tell you about the great outcome I have had using the EBN® bentonite clay for removing mercury and lead.

After using DMSA for 3 months without much success (due to stomach problems), my naturopath told me he couldn't help me. So I went on the Internet and found your website. I have now been using the clay for a little over a year and I was recently tested. My urine test showed that I have no more mercury in my body. I still have some lead.

Most of my symptoms have disappeared or are greatly diminished. Some of my symptoms were: anxiety attacks, dry mouth, insomnia, chronic fatigue, chronic inflamed sinuses, yeast overgrowth, low thyroid (no more Armour's thyroid after the second clay foot bath). I can now sleep and I have energy throughout the day. What a difference.

I only do footbaths and I do them every three or four days. The stuff that comes out is black and dark gray. Sometimes a gray cottage cheese-like stuff is at the bottom of the container I soak in. I am told that this is yeast.

The clay is easy to mix and I flush it down the toilet. Thanks for selling this wonderful clay."

- Joan B., Meriden, CT

"After living next to a chemical plant, and being ill for many years, I tried your EBN® clay and Bio-Chelat™. The Bio-Chelat gives me immediate relief from my symptoms, and the clay baths really help me feel much better. Thank you, your products have given me some relief, and I have ordered some more."

- John P., Rochester, NY

Read More Customer Feedback on using EBN® Clay Baths >>>

EBN® Detoxifying Clay Bath FAQ's

The safest and easiest way to chelate your body of heavy metals and chemicals

How does it work?

When you mix this clay with water, it creates a large negatively charged surface area. When the body is in a tub of warm water, the warm water opens up the pores of the skin, and the positively charged toxic particles are drawn through the pores of the skin, to be absorbed by the clay.

Most chemical and metal toxins have a positive charge, whereas the clay has a negative charge. Thus, the toxins cannot resist being drawn towards the clay. Bentonite clay has a great capacity for absorbing many times its own weight in toxins. In other words, clay baths have been shown to literally pull pollutants out through the skin, getting rid of many months and years of toxic accumulations.

Please Note: When you prepare a clay bath you are mixing only a small portion of clay (usually 1 to 2 cups) with water, which gives the bath water a “muddy” look. A common misconception is that the clay bath is thick and gooey. It is not, and it can easily be flushed down the tub drain if you follow the instructions provided.

Each jar contains 5 lbs. (14 cups) of clay, good for 7-14 baths.

How does EBN® clay differ from other clays on the market?

EBN® Clay is the only bathing clay on the market that is “pharmaceutical” grade. This means it is guaranteed to be free of toxic bacteria, viruses, yeasts and mold. Only pharmaceutical grade clays can make this claim. According to the scientists of a leading bentonite manufacturing company, all bentonite clays naturally contain a number of impurities, including bacteria and yeasts.

Although non-pharmaceutical grade clay is fine for bathing for adults, we felt that a purified clay was best for the health and safety of children.

EBN® clay is also very easy to mix in with the tub water, with no clumping, and flushes down the drain without any special type of cleanup required.

How do clay baths compare to other detoxification or chelation therapies?
The primary treatment for most heavy metals is chelation therapy. Chelating agents are substances that go through the body to attract and bind heavy metals. The toxins are then excreted. Chelating agents are given either in pill form, intravenously, by suppository, or topically in the form of a cream. It usually takes many months or even years of chelation therapy to remove toxic metals, and treatments can cost several hundred to several thousand dollars.

Chelating agents are generally classified in two different forms: Chemical chelators such as DMPS and DMSA; and natural chelators, such as combinations of herbs, amino acids and other supplements.

The chemical chelators used by the medical profession such as DMPS and DMSA are drugs, and hence they have side effects, sometimes severe ones. Though chelation therapy with DMPS and DMSA has generally been considered to be safe for most people, information has surfaced that suggests that these substances may not be as benign as once believed.

More FAQ's about EBN® Detoxifying Clay Baths >>>

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### Benefits of Clay Baths Compared to Other Chelation Therapies

**The advantages of EBN® Detoxifying Clay Baths over other chelation therapies, including oral DMSA and transdermal DMPS:**

- **Cost** - At $47.00 for 14 cups of clay (enough for 7 - 14 baths), EBN® Detoxifying Clay Baths are inexpensive compared to $150 a bottle for TD DMPS, $95 a bottle for oral DMSA, $125 a bottle for PCA-RX, and $500 a package for Detoxamin.

- **No Side Effects** - Compared to TD DMPS and oral DMSA, which are drugs, EBN® Detoxifying Clay Baths are a completely natural product from the earth which is untreated and unaltered, hence no side effects.

- **No stress on the body** – EBN® Detoxifying Clay Baths do not stress the organs of elimination, and do not elevate liver enzymes.

- **Removes Chemicals** – EBN® Clay Baths assist in the removal of both metal and chemical toxins, such as food additives, preservatives, radiation toxins, formaldehyde, cigarette toxins, pesticides, and so on. All other chelators remove only metal toxins.

- **Minimal Detoxification Reactions** - Detoxification reactions, which occur when too many toxins are mobilized, occur only when you
Detoxifying Bentonite Clay is as simple as taking a bath! Simply dissolve the clay in the bath water and take a bath once a week.

Baths work much faster than other chelators, since the toxins are drawn out through the pores of the skin. This bypasses the liver/kidney elimination cycle, and large amounts of toxins can be released in one bath alone.

Can be Done at Home – EBN® Clay Baths can safely be done at home, and do not require a visit to a health care practitioner's office.

ConcenTrace® Trace Mineral Complex

Highly Recommended After the Clay Bath:

We recommend supplementing with a trace mineral complex after taking the clay bath. This is to replenish any minerals or electrolytes that may have been removed during the bath. ConcenTrace™ is an excellent liquid mineral complex that contains the full range of minerals in natural balance to the body's requirements. It contains a long list of ionic sea minerals that are easily absorbed by the body.
Bio-Chelat™
Heavy Metal Chelator

Bio-Chelat™ is a German-Patented Oral-Chelation Product that is Changing the Field of Chelation Therapy!

The chronic heavy metal load of the human body is increasing in today's world to the extent that, although not yet acutely toxic, it contributes to a decrease in the overall state of health and well-being of all of us!

Clinical trials have been done on Bio-Chelat™ proving its effectiveness and non-toxic effect on reducing the ion load of heavy metals such as mercury, lead, aluminum, arsenic, copper, cadmium, nickel, and others.

What Is Bio-Chelat™?

Bio-Chelat™ is a patented oral chelation product from Germany with documented clinical trials (See clinical trials below). Bio-Chelat™ is designed for chronic heavy metal toxicity and can be used for long periods without side effects. Despite its low active concentration, the heavy metal content in the body is significantly reduced, without affecting or negatively impacting the body's physiology.

How Does It Work?

Bio-Chelat™ works gently by indirectly intensifying the body's physiologic elimination mechanism of heavy metals, decreasing the uptake of heavy metal ions in the blood stream and creating a high electric-magnetic gradient in the gastrointestinal tract. This in turn pulls more heavy metal ions from the body tissues into the blood stream and eliminates them through the urine and stool (Law of Isotonicity).
Is Bio-Chelat™ Safe?

*Bio-Chelat* is very safe because it can effectively chelate heavy metals from the body using only a very diluted concentration of EDTA. The reason that only a tiny amount of EDTA is needed is the presence of an oxidative catalyst, which is the key to the patented formula’s success.

The oxidative catalyst in *Bio-Chelat™* weakens the bond of heavy metal ions (like mercury) attached to organic protein molecules (SH- sulfhydryl groups) in the body and bloodstream.

By reducing the strong bond between the protein and the heavy metal ion, the low concentration of EDTA can then easily bind with the heavy metal ion to form a new complex molecule. The body will not re-absorb the newly formed complex of EDTA and metal ion, but instead eliminate it through the urine and stool.

In fact, with such a tiny amount of EDTA, there are NO HARMFUL SIDE EFFECTS with *Bio-Chelat™*. It does not affect or harm the liver, kidney or gastro-intestinal tract, and yet it has been proven in clinical studies to significantly remove heavy metal ions from the body.

As well, unlike most chelators, it is able to chelate metals that are tightly bound to the tissues and organs, including the brain and central nervous system. By creating a high electric-magnetic gradient in the gastrointestinal tract, new heavy metal ions are pulled from the body (brain) into the blood stream and stomach/intestine and excreted (Law of Isotonicity).

The most common chelation methods (both orally and intravenously) such as *DMPS, DMSA,* and *EDTA* require fairly high doses to be effective. Because of this, side effects are virtually unavoidable, and in some cases can be extremely severe.

Why Is It So Important To Remove Heavy Metals From My Body?

Heavy metal toxicity may in fact be the real root cause of most health disorders and diseases today. Heavy metal ions produce large quantities of free radical compounds which destroy lipids, proteins, and DNA in the cellular system. Free radicals damage our cells, prevent cell stabilization, and create an overly acidic terrain in the body.

This compromises the functioning of the central nervous system, the immune system, cardiovascular system, and all the organs of the body such as the heart, brain, liver, and kidneys, to name a few.

Heavy metals cause the body to produce cholesterol and prevent the absorption of calcium. And, the more free heavy metal ions in the body, the more build-up of acidic waste and hence the more calcium that gets deposited in the arteries.
The Benefits of Bio-Chelat™

- **Bio-Chelat™** works more gently and is easier to administer than most common chelators. When taking Bio-Chelat as directed, a significant decrease in the body's heavy metals ions can be seen. This is accomplished without disturbing the mineral and trace element relationships.

- Unlike most other heavy metal detoxifications and chelating agents, **Bio-Chelat** does not cause loss of essential organic metals and minerals that are essential to your health. In the clinical studies done in Germany, only zinc was slightly decreased, so we do recommend supplementing with extra zinc while taking Bio-Chelat.

  It is also recommended to take a detox/support remedy for the kidney, liver and lymphatic system (available in your local health food store). And perhaps most important of all is to drink lots of good water, ideally eight (8 oz.) glasses of water per day while you are detoxifying.

- **Bio-Chelat™** has no harmful side effects, but because it works in the intestinal tract, it can on occasion cause cramping. If this happens, simply reduce the number of drops used.

- Through the chemical Law of Isotonicity, **Bio-Chelat™** is able to (over a period of time) help mercury ions cross the blood/brain barrier and be excreted from the body. For an article on the effects of mercury in the body, [click here](http://www.evenbetternow.com/heavy-metal-poisoning.php).

- **Bio-Chelat™** will prevent heavy metal ions that you are being exposed to on a daily basis (i.e. from the food you eat, pollution, or mercury amalgam fillings) from being absorbed into your body in the first place. This is why it is safe to take Bio-Chelat™ even if you still have amalgams, or are still being exposed to toxic metals by other means.

  Disodium EDTA forms a high complex bond with mercury and heavy metals. Because of this, heavy metals coming from the food, teeth, bile, etc. are chelated and excreted through the bowels and not re-absorbed through the intestinal tract. So you don't have to worry about the metal ions being redistributed in your body and doing more damage to the tissues and organs.

- **Bio-Chelat,** is safe and effective to use as a daily preventative.

- **Bio-Chelat™** does not interfere with prescription medication.
Bio-Chelat™ is very cost effective. Unlike most common forms of chelation which can cost hundreds if not thousands of dollars and many trips to a doctor's office, Bio-Chelat™ can show a significant reduction in heavy metal load after using just one bottle - an investment of only $39.95.

Watch Brief Video on The History & Benefits of Bio-Chelat™ with C.C. Raphael

If you'd like to speak with C.C. Raphael directly, call toll-free 877-562-6039 (ext 70) Monday - Friday. International visitors, call 520-877-2637 (ext 70).

Clinical Studies

Click here for German clinical study of Bio-Chelat™ >>>

Summary of German Clinical Study:

The statistical evaluation of 74 participants showed that on average, treatment with Bio-Chelat™ leads to a considerable reduction of heavy metal concentrations in the blood associated with a minor decrease of zinc concentrations and thrombocyte counts, minor increases in leucocyte counts and the GGT value respectively.

The changes regarding iron (Fe), magnesium (Mg), calcium (Ca), LDH and GOT proved to be statistically insignificant.

U.S. based (Doctor's Data) clinical study of Bio-Chelat™ >>>
Study on Bio-Chelat's effectiveness in reducing lead toxicity >>>

Here's what people have experienced using Bio-Chelat™

"I have to tell you that this product [Bio-Chelat™] is awesome. I tried to do chelation with "Renew", which I have a very good opinion about (I did some other cleanses), but something was very wrong, and I felt worse and worse. It took me 5 months to recover after it. With Bio-Chelat, I feel good as long as I do not take more than 10 drops. My memory is already better. It feels like somebody is lifting a curtain."

- Agnes A., Vancouver, Canada

"I'm extremely happy that I found Bio-Chelat. It's incredible the positive effects this product has had on me. It’s like the light is back and my life feels enlightened again. Thank you very much for your great service."

- Helene Trussart, Thetford Mines, Canada

"I have been using Bio-Chelat for more than 3 years. In that time I have been impressed with the efficacy of the product. Blood tests before and after treatment has confirmed that Bio-Chelat is an effective heavy metal chelator for reducing the load on the body."

- Dr. Goreshnik, Toronto, Canada

Read More Customer Testimonials on Bio-Chelat™ >>>
Suggested Use

How to take *Bio-Chelat™*

Adults: 5 - 30 drops, 3 times a day  
Children: 5 - 10 drops, 3 times a day  
Infants: 3 - 5 drops, 3 times a day  
Take with spring or distilled water, before meals.

**NOTE:** Not for use during pregnancy.  
Ineffective during chemotherapy.

*Bio-Chelat™ Composition:* (In 110 ml distilled water)  
Disodium EDTA 200mg, Potassium Chloride 100mg, Sodium Bicarbonate 300mg,  
Citric Acid 300mg, Calcium Chloride 5mg, Sodium Chloride 50mg.

We highly recommend *Bio-Chelat™* for chronic heavy metal poisoning/toxicity either alone or in conjunction with *EBN® Detoxifying Bentonite Clay Baths*. This clay pulls out unbound heavy metals and chemicals from the tissues and organs out through the pores of the skin. The *Bio-Chelat™* works on a deeper level to eliminate the bound heavy metal ions as well as the unbound, or electrically active ions.

[Click here to purchase Bio-Chelat™ from our secure shopping cart]>

Questions?  
Call Toll Free 877-562-6039 or 520-877-2637.  
Or email your questions by clicking here.

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Test Yourself For Toxic Metals
Tests that help to diagnose metal and chemical toxicity include blood tests, urine tests, and the analysis of hair, nails or other tissues. The most accurate of these are a chelation challenge test, a hair analysis, or a Personal Heavy Metal Screen Test.

Regular blood tests and urine tests are not accurate in diagnosing heavy metal toxicity, as they only tend to show what is happening in the body at that brief moment in time, and do not give the long-term picture.

This makes sense since the body works hard to keep the levels of nutrients in the bloodstream within fairly tight limits. If large fluctuations in mineral levels occurred, serious illness or even death would result.

A chelation challenge test needs to be performed by a doctor who specializes in chelation therapy. The patient is given a chelating drug, commonly DMPS or DMSA, and the patient's urine is collected and analyzed over a 24 hour period. This test is a highly accurate way of knowing just what heavy metals are present in the body.

The drawbacks to this method are that it requires a visit to a health care professional's office, it is expensive, and there is a possibility of side effects to the chelating drugs.

A hair analysis is also a good way of determining what toxic metals are present in the body. In addition, it also measures the levels of essential minerals in the body, such as calcium, magnesium and zinc. This test can provide you with much-needed information about your body.

The drawback to this test is that it does not always show mercury toxicity, since mercury tends to "hide" in the tissues and organs. As well, certain populations such as autistic children often show very low levels of toxic metals on their hair analyses, since they are unable to excrete heavy metals.

Hair, being outside the body, is a form of excretion, and these children tend to store their toxic metals tightly within their tissues and organs.

Heavy Metal Screen Test

The home-use Heavy Metal Screen Test has just been introduced into the United States from Europe. It is the world's first immediate method for screening heavy metals in any aqueous solution.

It has been scientifically proven, and it will tell you INSTANTLY whether you are excreting free electrically active heavy metal ions from your body.
The Heavy Metal Screen Test is fast (takes less than 10 minutes), convenient (can be done at home), accurate and at $15.00 per test kit (12.50 for 2 or more), highly affordable. It gives you the ability to quickly determine the heavy-metal urine concentration and the body's detoxification/chelation capacity.

The scientifically documented *Heavy Metal Screen Test* is based on the dithizone reaction method which has been known to chemical science for more than 60 years.

As a reagent, dithizone is able to indicate the presence of heavy metal ions in qualitative and quantitative terms. In binding with the unbound or free metal ions, colored complexes are formed.

The Dithizone heavy metal reagent only binds to the unbound or free metal ions. In other words, those metals which have not been neutralized by the body and are therefore increasing the free radical production a million times, are screened.

Complete illustrated instructions and interpretation of results come with the test kit.

A color chart tells you which of the following metals/contaminants are present: mercury, lead, copper, zinc, cadmium, and nickel.

**For Complete Details on the Heavy Metal Screen Test, click here >>>**

**IMPORTANT TIP:** We highly recommend the home-use *Heavy Metal Screen Test* as a reliable and quick way to know whether you are excreting toxic metal ions from your body, and the *Hair Tissue Analysis* as a way of determining a broader scope of what is happening in your body both in terms of heavy metal concentrations and mineral imbalances. Both these methods of testing are non-invasive, and will help you chart your progress with the clay baths and/or with other detoxification methods.
Hair Analyses

A tissue mineral analysis or hair analysis provides a unique reading of mineral levels in the cells over a two to three month period. It takes into consideration that toxins are stored in the tissues of the body, not in the blood. For instance, you can have normal copper levels in the blood, but high copper levels in the tissues.

To get an idea of how helpful this test can be, think about this: Researchers using tissue mineral analysis determined, more than 100 years after Napoleon Bonaparte's death, that he had been poisoned by arsenic. Even though his hair sample was tested more than a century after his death, it still revealed pathological amounts of arsenic that had gradually proved fatal.

Comprehensive Hair Analysis

A hair analysis usually needs to be obtained through a health care professional. However, we now have a comprehensive hair analysis from a federally licensed laboratory that does not wash the hair at the lab.

(Washing the hair removes some of the loosely bound minerals and can reduce some mineral readings by 50 percent or more).

The Comprehensive Hair Tissue Analysis report details 8 toxic metals and 15 essential minerals, as well as 15 additional elements. It comes with an analysis report that is 6-12 pages in length, and recommendations are given for foods, diet and supplements based on individual results.

FREE! A Free 10-15 minute interpretation of your test results is now available with each purchase of a hair analysis test. Please call 877-562-6039 or 520-877-2637 to schedule an appointment.

Our Detoxification Support Pak

Save 10% Off List Price

Detoxification of heavy metal and chemical toxins is one of the most important steps in getting to the physical root cause of illness and disease.

We have put together our most important detoxification products into one convenient pack. The Detoxification Support Pak includes:
Two Important Support Products for Chelation & Detoxification

Christopher's Kidney Formula

This formula is specific for the kidneys. Approximately 80% of the body is liquid, and much of this fluid must be pumped and filtered through the urinary system. We generally do not take the best care of this delicate urinary tract in normal times.

In times of detoxification, when many contaminants are being filtered through the urine, even more care is needed. Over the years, Christopher's Kidney Formula, a synergistic blend of herbs, has been used with people who have suffered from incontinence.

After using this formula, many people have found relief from this condition and are living normal lives again. This formula will also strengthen the kidney function in order to pump and filter a new inflow of contaminants as a result of any chelation or detoxification program. Christopher's Kidney Formula is in a pure 100% vegetable-based capsule. Most of the herbs in this formula are wildcrafted or organic.

Liver Detoxifier & Regenerator
As the largest glandular organ in the body, the liver spends its days carrying out hundreds of crucial metabolic functions. Two, however, are of foremost importance. The first is to synthesize bile to aid digestion. Every time you eat, your gall bladder releases its reserve of bile through ducts into the digestive tract. This allows semi-digested food to pass from the stomach to the small intestines. The second most important function is to identify the waste, toxins, and nutrients following digestion. After a slow trip through the esophagus, stomach and small intestine, the remaining nutrient-rich liquid arrives at the liver.

From there it goes into action by filtering out toxins and waste, while determining which nutrients will be used, and which will be stored. If the health of the liver is compromised in any way, then its ability to filter toxins can be impaired and some of these contaminants can be stored in the tissue and bio-accumulate there. This can be the situation in individuals who have a heavy toxic load in their bodies of heavy metals, chemicals, food additives, plasticizers, pesticides, etc.

At the forefront of liver science is Dr. Samuel Verghese, M.D. In addition to being a world-renowned expert in complementary alternative medicine, Dr. Verghese has traveled to some of the most remote regions of the world, treated thousands of patients, and developed some of the most unique natural supplements available.

*Liver Detoxifier & Regenerator* has been clinically developed by Dr. Verghese. Until recently, it has been used exclusively in his private practice. The formula is a proprietary blend of herbs and nutrients designed to support healthy liver function. Dr. Verghese offers a unique detoxification process which includes supplementing with this liver formula. He has stated that he has had patients with as few as 25% healthy liver cells make wonderful recoveries.

We believe this to be the best liver formula to take while in the midst of a chelation or detoxification process.

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**Glutathione - Another Important Detoxifier**
Glutathione is a short string of amino acids called a peptide. It is composed of three amino acids: glycine, glutamine and cysteine.

Glutathione is a major player in detoxifying the body of many toxic pollutants, including toxic metals and chemicals. Glutathione deficiency impairs the body's ability to get rid of toxins whether they are environmental or the by-products of cellular metabolism. If we have low glutathione levels we slowly become toxic, storing away poisons in our tissues, organs, muscles and brain. We simply cannot detoxify effectively if our glutathione levels are too low, no matter what form of detoxification we undertake.

Glutathione is made by all the cells in the body, and is the body's master antioxidant and detoxifying agent. In one review, almost 80% of people with chronic ailments were found to be deficient in glutathione. In fact, low levels of glutathione are involved in all disease states.

Why? – because the heavier the cumulative toxic burden on the body, the greater this depletes supplies of glutathione. For example: One molecule of mercury uses up one molecule of glutathione. Since all chronic, degenerative disorders are triggered, in part, by the toxic load, it is small wonder to see why glutathione levels are such an important marker.

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**Lipoceutical™ Glutathione**

Glutathione is a supplement that is extremely difficult to absorb. Most oral supplements are worthless, because the digestive tract destroys the nutrient before it can be absorbed.

Supplements such as NAC can help your body make more glutathione, but the effect is mild. This is why intravenous therapy was once considered to be the only therapy that really works.

However, there is a brand new glutathione product on the market called **Lipoceutical™ Glutathione**.
According to Dr. Marcus Laux, it's the first oral glutathione supplement that your body can truly absorb. It survives the trip through your intestines because the glutathione is contained in microscopic little pouches called liposomes. Thus, the glutathione enters your bloodstream intact.

According to Dr. Laux, liposomes were recently tested in rigorous scientific studies, and were found to have an amazing 90% absorption rate. That's comparable to intravenous glutathione therapy, for a fraction of the cost. Dr. Laux says:

"I've been using (liposomal glutathione) myself to treat a close relative. I can personally attest the effects are miraculous."

This is nothing like yesterdays ineffective glutathione supplement. Lipoceutical™ Glutathione is a recently developed product in which clinical trials are ongoing but not complete as yet.

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**R-Lipoic Acid for Chelating Metal Ions from the Brain**

Being both water and fat soluble, R-lipoic acid passes the blood-brain barrier and has been shown to chelate metals like mercury that can attach to fatty cells and brain neurons. It has also been shown to help decrease metals from the liver as well.

R-lipoic acid also extends the life of other antioxidants like vitamin C, vitamin E, selenium, and CoQ10 in the body. This is important because a heavy metal load creates more free radical activity. The longer an antioxidant can scavenge these free radicals, the less the "detox cleansing" reaction may last.

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**R-Plus™ Lipoic Acid**

There are two forms of alpha-lipoic acid, an S-form and an R-form. Researchers believe that R-Form may be "up to 12 times more effective" than regular alpha lipoic acid which contains a synthetic by-product.

*R-Plus™ R-Lipoic Acid* is the natural source of lipoic acid, making it far more powerful than the common synthetic alpha-lipoic acids on the market.

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**Our Comprehensive Detoxification Pak**

http://www.evenbetternow.com/heavy-metal-poisoning.php
We have put together what we consider our five most important products for detoxification and chelation into one convenient pack.

The **Comprehensive Detox Pak** includes:

- (1) EBN® Detoxifying Clay (5 lb jar)
- (1) Bio-Chelat™ Heavy Metal Chelator
- (2) Two Heavy Metal Screen Tests
- (1) Lipoceutical™ Glutathione
- (1) R-Plus™ R-Lipoic Acid

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**Additional Supportive Products Helpful For Heavy Metal Detoxification Incude:**

**VitaPurity Buffered Vitamin C Crystals**

Vitamin C, in large doses, (at least 2000 mg daily) acts as a chelating agent. An antioxidant in its own right, vitamin C also helps to protect us from heavy metals, particularly lead and arsenic which can poison certain enzyme reactions in your body.

It is also used to protect us from the effects of environmental pollution and is a free radical fighter.

The use of Vitamin C is one of the most effective methods for raising cellular glutathione levels. Glutathione is the cell's master detoxification agent.

VitaPurity's **Buffered Vitamin C Crystals** help to lower toxic metal levels as well as elevate calcium and magnesium levels, minerals that are essential for the body, and are often depleted in a toxic terrain.

**Unique E® Vitamin E**
In combination with vitamin C, vitamin E is a traditional chelating agent for detoxifying heavy metals.

Vitamin E is a very potent antioxidant that protects the body from free radical damage and oxidation. This is important during chelation because a heavy metal burden in the tissue and bones creates oxidative stress on cell membranes and a general inflammatory condition. Vitamin E has also been shown to help chelate heavy metals such as mercury.

**Unique E® Vitamin E** is devoid of all fillers or additives, and provides 400 IU of d-alpha tocopherol and is extra-high in the total tocopherol complex, especially d-gamma tocopherol. Unique E® capsule potency is stabilized and potency is certified by assay.

**Vitamins C & E Together**

Together, these supplements enhance each other's effectiveness as a chelating agent. The combination of the two not only inhibit the free radical activity that increases while carrying a heavy metal burden, the presence of one prolongs the presence of the other.

This makes the two vitamins a great combination during the chelation process. Suggested uses vary, but 4,000 - 5,000 mg of Vitamin C and 600 IU of Vitamin E per day is generally considered to be therapeutic in nature.

**Perfect Cleanse™**

Research clearly proves that our bodies are not capable of eliminating all the different toxins and chemicals we inhale and ingest every day.

They simply accumulate in our cells (especially fat cells), tissues, blood, organs (such as the colon, liver and brain) and remain stored for an indefinite length of time, causing all kinds of health problems.

Have you considered this simple question? – Are you clean inside?
You shower, brush your teeth and wash your hair on a regular basis. But do you clean yourself inside? In this modern, toxic world it’s becoming a simple fact of life that our colon (the “sewer system” of the body), liver and other organs also require regular cleaning – just like a car requires an oil change periodically.

How do you know when it’s time to free your body of accumulated toxins, parasites and other waste materials?

If you experience one or more of the following, then it may be time to detoxify:

- Frequent fatigue and low energy
- Flatulence, gas and bloating
- Excess weight
- Food allergies
- Impaired digestion
- Irritability, mood swings
- Bad breath & foul-smelling stools
- Frequent colds
- Recurring headaches
- Chronic constipation
- Irritable Bowel Syndrome (IBS)
- Protruding belly
- Powerful food cravings
- Skin problems, rashes
- Hemorrhoids
- Candida

Perfect Cleanse™ is a breakthrough in digestive health. It offers the triple benefits of cleansing, capturing and smoothly removing toxins from the body in one convenient 10-day program you use in the evening. Unlike many other harsh cleansing products, Perfect Cleanse™ allows you to maintain your daily routine at school, work or home, without disruption.

Perfect Cleanse™ supports the liver to aid in normal detoxification. It then helps to trap and bind toxins secreted through the bile for transport from the body. Finally it sweeps the colon of accumulated waste to gently move captured toxins through the digestive tract.

All the products on this page can be ordered from our secure shopping cart by clicking here.

To place your order by phone, call toll free 1-877-562-6039. International customers: call 520-877-2637.

Thermal Life® Far Infrared Saunas
Infrared Saunas have an excellent reputation for removing both toxic metals and chemicals from the body. They are a wonderful addition to other natural chelators, especially for removing chemicals that one is exposed to on a daily basis and eliminating metals from the lipophilic (fat) cells in the body.

One drawback is that they can be expensive (3,500 and up), or require visits to a health care practitioner's office.

An excellent sauna that we use and recommend is called the Thermal Life® Far Infrared Sauna by High Tech Health. It uses state-of-the-art technology that emits an infrared electromagnetic energy wave capable of penetrating the body to a depth of 1.5-2.0 inches. This stimulates the body's cellular detoxification process more effectively than a traditional sauna. We feel this particular sauna is the top of the line and if you can afford it, is definitely worth the investment.

Note: Readers of this web site are entitled to a special discount of $500.00 off the regular retail price of any High Tech Health sauna.

Besides linking to their site in the below-mentioned link, you can call them directly at 1-800-794-5355 or 303-413-8500 and speak to one of their product specialists. By mentioning our company name Evenbetternow, LLC you will receive the discount when you place the order from them. As well, High Tech Health offers a 30 day money-back satisfaction guarantee, so you can try it risk free.

For more information and to purchase the Thermal Life® Far Infrared Sauna from High Tech Health, please click here.

To learn about the profound benefits of FIR sauna therapy and nitric oxide on the body, click here.

Disorders Linked to Metal and Chemical Toxicity
Addtional Information About Heavy Metal Toxicity

Signs and Symptoms of Metal and Chemical Toxicity
The two major symptoms of chemical and heavy metal toxicity are the breakdown of the immune system and diseases of the organs and central nervous system. 
More Info >>>

The Most Common Sources of Metal and Chemical Toxicity
The heavy metals that most commonly cause poisoning are iron, lead, cadmium, arsenic, mercury, aluminum, antimony, chromium, cobalt, copper, manganese, selenium, tin, thallium, and uranium. Toxic chemicals include formaldehyde, benzene, hexane, toluene, & DDT. 
More Info >>>

The Growing Problem of Toxicity
We are presently being exposed to hundreds of thousands of toxic compounds in the form of inorganic chemicals and toxic metals.

These substances are everywhere including the air we breathe. 
More Info >>>

Mercury Poisoning
Read this informative report by Dr. Thomas Nissen, an environmental toxicologist, on the effects of mercury poisoning in the body. 
More Info >>>

Questions?
Call Toll Free 877-562-6039 or 520-877-2637.
Or email your questions by clicking here.